

How to Properly Dispose of Home Health Care Waste

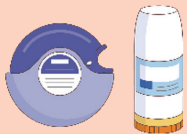
With advances in medical technology, more and more people are receiving home health care.

Along with this, medical waste from households is also increasing.

Since medical waste includes items that may cause infection or leads to worker injury, please discharge it in the correct manner.

Burnable waste

- Products that are mostly non-metallic (plastic, rubber, non-woven fabric, etc.) and have no contents or stains on them.
- **Never** take out syringe needles. Please see the reverse side for instructions on how to dispose of them.



Inhalers



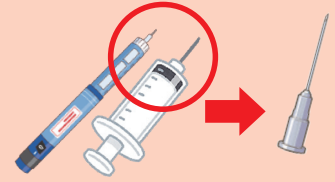
Syrup medicine bottles (made of plastic)



Enteral nutrients (pouch type)



Diapers and ostomy bags



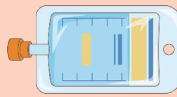
Syringes (made of plastic)



Eye drops and nasal drops



Tubes



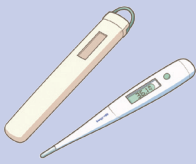
IV bags

[Note]
Please remove any contaminants.

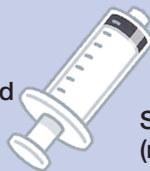
[Note]
Please remove the needle portion and return it to the medical institution, pharmacy, etc. where it was purchased or prescribed.

Non-burnable waste

- Products that are mostly made of metal or are entirely metal or glass. (Ex.: Small pieces of machinery no larger than 30 cm)



Thermometers and other measuring instruments



Syringes (made of glass)

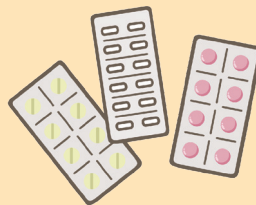


Ointment containers (cans, bottles, and aluminum containers)

Plastics

- Items containing a plastic mark (🗑️).
- Items entirely made of plastic.

***Please dispose of items with blood on them or items that may be infected as "burnable waste" as they do not apply as plastic waste even if they are made of plastic.**



Blister pack

[Note]

- Please soak any unused contents (liquid) in a cloth and dispose of it as "burnable waste."
- If you are not sure how to dispose of them, please contact the below.

Resources

- Please wash the inside of resources with water before putting them out to the "Resource Collection Site."
- Only "cans and bottles of oral medication, etc." can be disposed of as resources.



Enteral nutrients (in a can)



Bottles that contained pills or other medicine

Contact (Arakawa City)

- Burnable and non-burnable waste
Cleaning and Recycling Promotion Division
Operations Staff
☎03-3892-4671
- Plastics and resources
Cleaning and Recycling Promotion Division
Educational Guidance Staff
☎03-5692-6697

Proper Disposal of Used Syringe Needles

Were you told at the time of prescription/purchase that the medical institution, pharmacy, etc. would collect the syringe needles?

Yes

Please bring the syringe needles to the medical institution, pharmacy, etc. where you were prescribed or purchased the syringes after contacting them first.

No

Have you contacted the medical institution, pharmacy, etc. where you were prescribed or purchased the syringes?

Yes

If the medical institution, pharmacy, etc. where you were prescribed or purchased the syringes refuses to dispose of them, please contact the Arakawa City Cleaning and Recycling Promotion Division.

No

Please contact the medical institution, pharmacy, etc. where you were prescribed or purchased the syringes for instructions on how to dispose of them.